

The Biblical Counselor: Our Mission as Counselors

Connect People with their Maker

At the root of all we do as biblical counselors is this one thing. We seek to be used by God in this life, at this time, in respect to their circumstances. Our one direction is to benefit this soul by engaging them in interaction with God Himself. This comes in the form of realizing what He thinks about their situation, their heart and how they can live out the truths of the Word at this time. The counselee responds to the Word and the urging of the Spirit. An interplay of thought and action between the Lord and the human soul is observed. If we do our part well, we spur on these developments, even enhance them, by our exhortation of the person we serve. We labor and strive to be used by the Lord. We seek that the final outcome is a soul subjected to Him, obedient to the One who created them.

Exalt the Authority of the Word of God

It is vital that every person we counsel leaves our time of meeting together with a solid conviction about the Scriptures. Our dialog will be brief, compared to a lifetime on earth. But if the authority of the Word is established, the benefits will continue. The counselee who has had victory through the Bible in the most difficult storm of their life will look to the source of help again. The one who has experienced the living and active Word judging the thoughts and intentions of their heart will make a life practice of coming back for more if their heart is for the Lord. The person who realizes that the Scriptures address every issue of life will regard them as the source for answers in the future. Even the one who ends counseling opposed to the Word heads on in life with a burdened conscience and a clear understanding of its authority. Such a one will be spoken to again by the Lord regarding the need to obey the Scriptures they have heard. How can you, as a counselor, exalt the Word and the place God has chosen for it?

Communicate in a Fashion Honoring to the Lord

We honor the Lord by being humble. We are servants of God. We are sinners saved by grace. We are honored to help. Our works are of no worth. We are what we are completely because of His undeserved grace. Our words reflect who we are and who God is. We are bold regarding the purpose of life. We are certain that the reason each of us is here is to bring glory to God. We strongly portray this truth by our words. We promote change toward holiness.

Direct Our Counselees to Love God

To love God is to obey Him. To live as He intends is to energetically work to serve Him with all of our mind, soul, heart and strength. We strive to be an example of this in the counseling relationship. We exhort our counselees to adopt this direction of life with full passion. Along with solving the problem biblically, we also help each counselee in discipleship. They should leave us with a clear understanding of how to love God as well as established habits of doing just that.

Teach Our Counselees to Love Man

Many people come to counseling with overwhelming fear of man. Others arrive with hate for certain people. Still others love themselves so much that they don't really think about anyone else. The theology of love teaches otherwise. Part of our mission as biblical counselors is to bring counselees to a proper view of their relationships with people.

They learn to forgive as God in Christ has forgiven them. They become strong in love, even when that love is not returned. As they grow in their relationship with the true friend, Jesus Christ, their fear of man diminishes. As they measure the day by how they honor God, what others think of them fades from prominence. To submit to God's Word results in loving those who have sinned against them. As pride is controlled, the needs of others become important.

In Class Project: The Difficult Counselee

2 Timothy 2.24-25

Not quarrelsome

Kind to all

Able to teach

Patient when wronged

With gentleness

Correcting those who are in opposition

If perhaps God may grant them repentance

Leading to the knowledge of the truth