

## **Why Biblical Counseling?** ***An Overview of the Counseling Process***

First, data is gathered. The counselor uses questions, dialog, homework and dialog concerning Scripture to gain insight into the nature of the problem.

The question, “What does the Bible say about that?” is answered. Through study and research, the counselor learns what the Word says about the problem and the solution. Both are presented to the counselee.

The counselor asks for a response to the truth of the Word. If the counselee chooses to refuse to obey Scripture, the counselor uses a different angle from the Word to allow the Spirit to persuade them. If the counselee can honestly say to the Lord that he or she will pursue putting the Word into practice, the process goes on.

Tools for making change permanent are provided. Through proper theology and practical truth from the Word, the counselee, by God’s grace, becomes a doer of the Word.

As counseling ends, God is worshipped by counselor and counselee. The counselee goes forward with strong faith in God’s faithfulness and in the sufficiency of Scripture. This has occurred dozens of times in our ministry. There is great joy in seeing these dear friends months and years later, continuing on in living by the Word.