

Date: _____

Fear Journal

Memory Verses

For God has not given us a spirit of timidity, but of power and love and discipline. (2 Timothy 1:7)

Even though I walk through the valley of the shadow of death, I fear no evil; for Thou art with me; Thy rod and Thy staff, they comfort me. (Psalm 23:4)

The Lord is my light and my salvation; Whom shall I fear? The Lord is the defense of my life; Whom shall I dread? (Psalm 27:1)

I am tempted to fear that:

What occurred which now gives me the choice of fear or love:

To love God in this situation I will:

Pertinent scripture:

To love the person involved in this issue I will:

Pertinent scripture:
