

*Valley Bible Church – Sermon Notes*

**Sermon Notes for December 28-29, 2002**

**"Forbearance"**

**Philippians 4:5**

The word translated "forbearing spirit" (EPIEKES) in Philippians 4:5, denotes the patient bearing of abuse at the hands of others.

A forbearing spirit will manifest itself when we purpose to do good toward those abusing us rather than bad.

We are to manifest a forbearing spirit to all men no matter how abusive they may presently be or might have been.

When Paul says that "the Lord is near," he is referring to the possibility that the Lord could return at any time.

If we honor this command to let our forbearing spirit be known to all men it will positively impact not only our lives but the lives of everyone we come in contact with.